



HEALTH DEPARTMENT

Sample Letter for Parents

Dear Parent:

ABC child care facility is pleased to inform you that we have a comprehensive sun safety policy, as one of our measures to protect your child's health. Practicing sun safety during childhood and adolescence plays an important role in the prevention of skin cancer. A few serious sunburns during childhood doubles the risk of developing skin cancer later in life. The staff at ABC child care facility would like to work with you in providing the best possible sun protection for your child.

Please provide your child with:

- * a wide-brimmed hat or a baseball cap with a back flap that will protect your child's face, neck and ears.
- * protective clothing such as light weight long-sleeved shirts and pants;
- * unbreakable sunglasses that offer 100% UV protection; and
- * a broad spectrum and water resistant sunscreen and lip balm with an SPF 30 or more.

Sunscreen, hats, and clothing should be clearly labeled with your child's name in permanent marker.

We ask that you return the completed permission form found at the bottom of this letter.

Sincerely,

Jane Smith
Owner, ABC child care facility

I give permission to the staff at ABC child care facility to apply the sunscreen I have provided for my child, _____, as needed.

Date: _____ Parent's Signature: _____