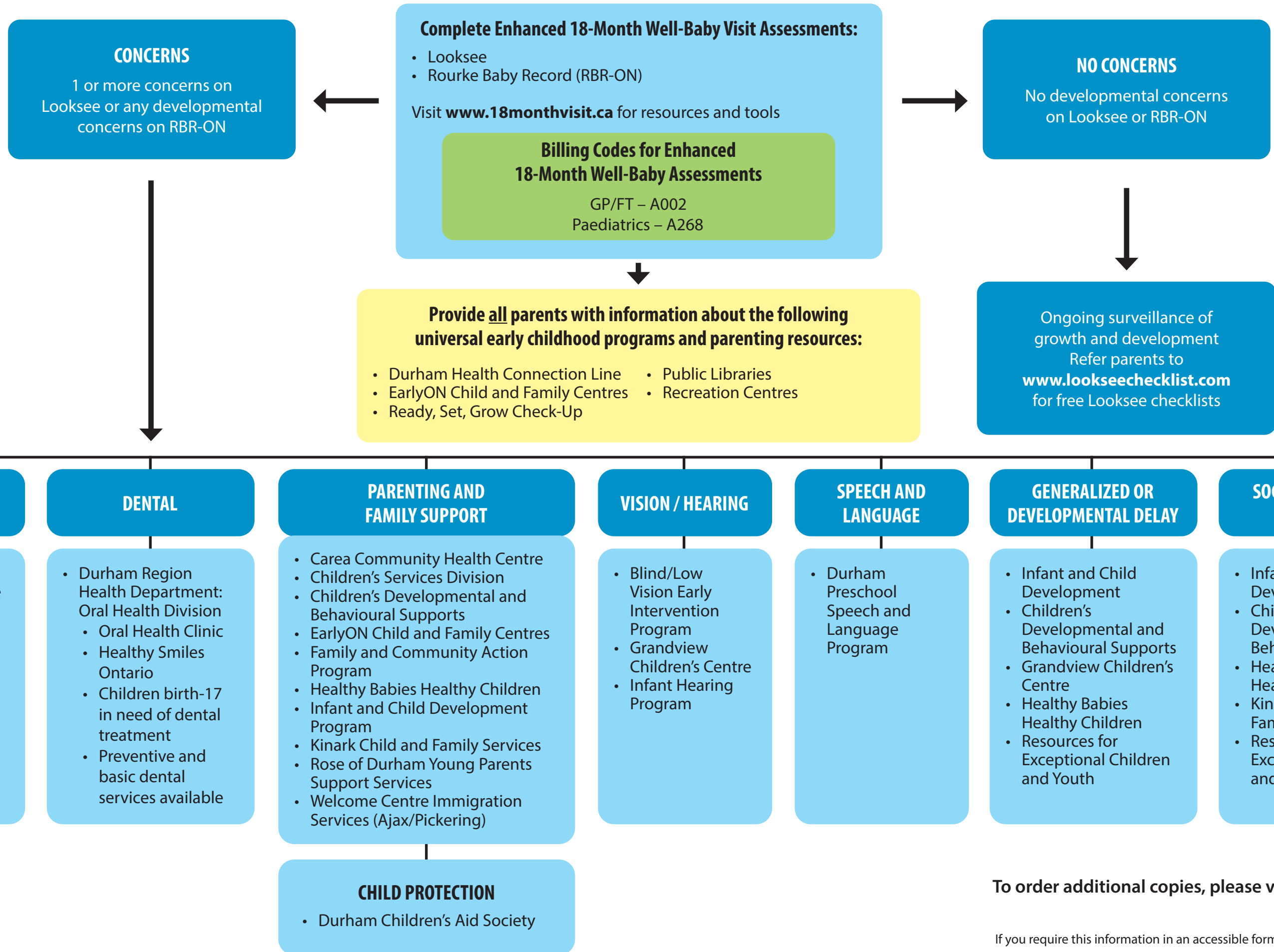


# Durham Region Enhanced 18-Month Well-Baby Visit Pathway

## Community Resource Guide for Children birth-6 years



To order additional copies, please visit [durham.ca/HCP](http://durham.ca/HCP)

Service Provider	Children / Clients Served	Service Description	Referral Process	Contact Information
Blind Low Vision Intervention Program	Children from birth to grade 1 entry	Designed to give children who are born blind or with low vision the best possible start in life. Family support, intervention services, and consultation services are available for children (0-6 yrs).	Parents or primary health care provider can call central intake. General referral forms can be downloaded from the website and faxed to intake.	Central Intake 1-888-703-5437 Central Intake fax 1-905-762-2115 www.childdevelopmentprograms.ca
Carea Community Health Centre	Children, youth and women pre and postnatal	All services and programs are free; medical, counselling, dietitian, parenting support, outreach services, Aboriginal programs, health and wellness. Serving Ajax, Pickering, Whitby and Oshawa.	Self-directed	1-877-227-3217 www.careachc.ca
Children's Services Division	Families with children birth-12 yrs	Provides children and families with high quality childcare programs and related services recognizing both individual needs and the diversity of our community.	Parents can apply for child care fee subsidy online or by calling the office.	905-666-6238 www.durham.ca/childrenservices
Children's Developmental and Behavioural Supports	Families/care providers with children 2-7 yrs with developmental disabilities and challenging behaviours and skill delays. Children 2-12 yrs with significant behavioural difficulties in licensed early years and child care centres or licensed recreation programs.	Support is offered through behaviour consultation to build skills and reduce behaviours and through group training workshops.	Self-directed	905-666-6238 or 1-800-387-0642 behaviourmanagement@durham.ca www.durham.ca/dbms
Durham Children's Aid Society	Children and youth birth-16 yrs	Services provided include child protection, foster care, residential, adoption, and volunteer services.	If you have a concern about a child at risk, call 24 hours a day, 7 days a week.	905-433-1551 www.durhamcas.ca
Durham Region Community and Recreation Centres	Children and families of all ages	Community and Recreation Centres in Durham Region.	Self-directed	www.durhamregion.com/community-static/3849243-durham-region-community-recreation-centres/
Durham Health Connection Line (DHCL)	Children and families of all ages	Free, confidential telephone line. Speak to a public health nurse about parenting, infant and child development, breastfeeding support, nutrition, prenatal information, healthy eating and living, injury prevention, immunization, travel health, and smoking cessation. Available Monday-Friday from 9:00 am-5:00 pm.	Self-directed	905-668-2020 or 1-800-841-2729
Durham Region Health Department - Oral Health Division	Children and youth birth-17 yrs	Services include the administration of children's dental programs, oral health education and resources, preventive and basic dental treatment to eligible children and youth. Dental Clinic Hours: Monday – Friday 8:30 am – 4:30 pm	Parents can call to find out about programming, eligibility and schedule their child for a dental appointment.	905-723-1365 or 1-866-853-1326 www.durham.ca/oralhealth
EarlyON Child and Family Centres	Families with children birth-6 yrs	Free early learning voluntary programs for parent/caregivers and their children (0-6 yrs), offering parenting resources/training, pre / post-natal resources, information about other early years services in Durham Region.	Self-directed. Parents can go to the EarlyON website to see monthly programs and activities.	www.durham.ca/EarlyON
Family and Community Action Program (FCAP)	Children birth-6 yrs and their families	Programs and services to promote the health and social development of children at risk and their families, improved parenting skills, prevention of child abuse, play groups, and young parent programs.	Self-directed. Parents can call to find out about programming.	905-686-6466 fcap@ymcagta.org
Grandview Kids Centre	Eligibility for children birth to 21 yrs and their parents/caregivers	Provides medical services, physiotherapy, occupational therapy, speech language pathology, audiology, social work services, family support services, and recreation services to children and youth with physical, developmental and communication needs. Developmental Pediatric Assessments available with physician's referral. Preschool Outreach Program provides consultation services to staff in licenced childcare programs.	Referrals for medical services, require a doctor's signature. All other requests can be initiated by parents or agencies by phone.	905-728-1673 ext. 2468 or 1-800-304-6180 ext. 2468 www.grandviewkids.ca
Healthy Babies Healthy Children Program (HBHC)	Prenatal and families with children birth to school entry	A free voluntary home visiting program to support families (prenatal until transition to school).	Parents or primary health care providers can call Durham Health Connection Line (DHCL).	905-668-2020 or 1-800-841-2729 www.durham.ca/hbhc
Infant and Child Development	Birth to school entry	Provides family-centered early intervention service to support the growth and development of children with disabilities and/or children who are at risk of a developmental delay.	Parents/legal guardian, community partners, and/or primary health care provides can call the referral line.	905-668-7711 ext. 3202 or 1-800-841-2729 Fax 905-666-6232 www.durham.ca/infantdevelopment
Infant Hearing Program (IHP)	Children from birth to grade 1 entry	Identify all infants with permanent hearing impairment; give parents the information they need to make timely, informed decisions; and provide the services necessary for family communication and language development. Babies under 2 yrs can be referred to our Audiologist for an assessment if a risk factor for permanent hearing loss has been identified. A history of ear infections or speech/language concerns are not sufficient for referral.	Referral by primary health care provider. Download the referral form from our website and fax.	1-888-703-5437 (option #4) Fax 1-905-472-7553 www.childdevelopmentprograms.ca
Kinark Child and Family Services	Children age birth-12 yrs with mental health issues	A children's mental health agency that provides a full range of free and confidential programs and services to children and youth with mental health issues, as well as support to their families/caregivers.	Self-directed	Durham Region Central Intake 1-888-454-6275 www.kinark.on.ca
Preschool Speech and Language	Children up to the spring/summer of the year they are eligible to enter senior kindergarten	Provides assessment and a range of treatment services for families and children from birth to school entry.	Self-directed	905-728-1673 ext. 2468 or 1-800-304-6180 ext. 2468 www.grandviewkids.ca
Public Libraries	Children and families of all ages	Free programs and services that promote healthy growth and development for individuals and families of all ages.	See local municipal library service.	www.durham.ca/en/living-here/libraries.aspx www.ajaxlibrary.ca
Ready, Set, Grow Check-Up	Families with children birth-6 yrs	A collaborative, early intervention program. This is a free drop-in time for parents to bring their children and ask questions about their learning, development, and behaviour.	Parents attend event. Times and locations available on Durham Region website, or call Durham Health Connection Line (DHCL).	905-668-2020 or 1-800-841-2729 www.durham.ca
Resources for Exceptional Children and Youth	Children birth-18 yrs of age with an identified need	The RFECY Access Service is the first point of contact for general inquiries and individual-specific questions and referrals. Families can call directly with questions or requests for assistance. A brief service model may be provided to support service linkage or navigation if needed.	Contact can be made by phone from parent/guardian or health and social service provider with parental permission.	905-427-8862 ext.504 or 1-800-968-0066 ext. 504 www.rfecydurham.com
Rose of Durham Young Parents Support Services	Children of young parents (Females-26 years of age and younger. Males 30 years of age and younger)	Free 12 week interactive program for toddlers of young moms (up to 26 years). Attachment based parenting program to encourage toddler development. All children are screened, and developmental plans are developed.	Self-directed	905-432-3622 Fax # 905-432-3974 www.roseofdurham.com
Welcome Centre Immigrant Services	Families who are newcomers or immigrants	Provides free one-stop services under one roof: settlement, language, employment, and a variety of social supports designed to guide and support immigrants through the maze of information and resources in Durham Region.	Self-directed	1-877-761-1155 www.welcomecentre.ca